

Lough



Boora

Breakfast Toastie (1,3,4,7,0)

Irish pork sausage, rashers & a fried egg toasted on white bread served with crisps & ketchup. €9

Acai Bowl (3,10,2,11,12,13,14)

The Acai base is a superfood nutrient-packed powerhouse, sourced from the Amazon rainforest. Topped with our homemade granola, fruit & peanut butter. €9

Clonakilty Sausage Roll (1,2,3,4,6)

Pudding & pork rolled in a puff pastry with Ballymaloe relish on the side. €4.50

Vegan Sausage Roll (1,2,3,0,7)

Vegan puff pastry with onion, wheat & soya protein with Ballymaloe relish on the side €4.50

Pancakes (1,3,4,5,11,7)

A stack of **Buttermilk** pancakes & include 2 toppings from below €9.50

Fruit of the day (€2 extra portion)
Maple syrup (€1 extra portion)
Crispy bacon (€3.50 extra portion)
Nutella (€3 extra portion)

Salads (1,3,13,8,4,6,9)

House salad sliced ham €11/ or
breast of homecooked chicken €12.50
Served with homemade brown bread

Ham & Cheese Toastie (1,5,15,3,4,0,7)

Irish honey ham slices with mild grated cheddar & mozzarella toasted on a white bread. Served with crisps & Ballymaloe relish. €8

Cheese Melt Special (1,5,15,3,4,0,7)

Mild grated cheddar, mozzarella, tomato & red onion toasted on a white bread. Served with crisps & Ballymaloe relish. €7.50. Add Irish honey ham slices +€1

Chicken & Stuffing (1,3,4,10)

Breast of home cooked chicken, homemade stuffing, cranberry & mayo on a focaccia bread. Served with a choice of side salad or crisps €12.50

Cajun Chicken Wrap (1,4,3,6)

Breast of homecooked chicken, cajun mayo, peppers, red onion & a mix of grated cheese toasted. Served with crisps €11

Tuna Wrap (1,17,4,3,6)

Tuna, sweetcorn, red onion & cheese. Served with crisps. Ask if you would like it toasted. €8.50

Veggie Panini (1,3,6)

Toasted with basil pesto, mozzarella & sundried tomatoes. Served with crisps & Ballymaloe relish. €9

Chicken Panini (1,15,3,6)

Toasted with chicken, cheddar & chilli sauce. Served with crisps & Ballymaloe relish. €9.50

Soup

Soup of the day served with homemade brown bread €5.90

Our Allergen Info: 1 wheat, 2 oatmeal, 3 milk, 4 egg, 5 soya, 6 mustard, 7 sulphites, 8 celery, 9 sesame, 10 peanut, 11 hazelnut, 12 almonds, 13 walnuts, 14 cashews, 15 rye, 16 barley, 17 fish



Full Irish (1,3,4,7,2)

Sausages, rashers, black & white pudding, a fried egg, beans, hash brown, mushrooms, toast, tea/americano. €13.50

Mini Irish (1,3,4,7,2)

Sausage, rasher, black & white pudding, a fried egg, beans, toast, tea/americano. €10.00

Clonakilty Sausage Roll (1,2,3,4,0)

Pudding & pork rolled in a puff pastry with Ballymaloe relish on the side. €4.50

Vegan Sausage Roll (1,2,5,6,7)

Vegan puff pastry with onion, wheat & soya protein with Ballymaloe relish on the side €4.50

Breakfast Toastie (1,3,4,7,0)

Irish pork sausage, rashers & a fried egg toasted on white bread served with crisps & ketchup. €9

Acai Bowl (3,10,2,11,12,13,14)

The Acai base is a superfood nutrient-packed powerhouse, sourced from the Amazon rainforest. Topped with our homemade granola, fruit & peanut butter. €9

Poached/ Scrambled Eggs (1,3,4,0)

Free range eggs of choice served with toast & Ballymaloe or Hollandaise sauce on the side €7.00

Sides

1 x Rashers €1.50

1 x Sausages €1.50

1 x Hash Brown €1

2 x Pudding €3

Beans €1.50

Mushrooms €1

chips €4

Pancakes (1,3,4,5,11,7)

Choose a stack of 3 **Buttermilk** or 3 **Crepe** pancakes & include 2 toppings from below €12

Fruit of the day (€2 extra portion)

Maple syrup (€1 extra portion)

Crispy bacon (€3.50 extra portion)

Nutella (€3 extra portion)

Ham & Cheese Toastie (1,3,15,5,4,0,7)

Irish honey ham slices with mild grated cheddar & mozzarella toasted on a white bread. Served with crisps & Ballymaloe relish. €8

Cheese Melt Special (1,3,15,3,4,0,7)

Mild grated cheddar, mozzarella, tomato & red onion toasted on a white bread. Served with crisps & Ballymaloe relish. €7.50. Add Irish honey ham slices +€1

Ham & Brie (1,3,15,5)

Home baked ham & stuffing with brie melting on a sourdough cob. Served with side salad. €10.50

Chicken & Stuffing (1,3,4,10)

Breast of home cooked chicken, homemade stuffing, cranberry & mayo on a focaccia bread. Served with a choice of side salad or crisps €12.50

Warm Breaded Chicken (1,10,3,4,0)

Breaded chicken fillet with coleslaw & relish on a fresh white bread. Served with crisps. €9.50 Switch to focaccia +€0.50c

Cajun Chicken Wrap (1,4,3,0)

Breast of homecooked chicken, cajun mayo, peppers, red onion & a mix of grated cheese toasted. Served with crisps €11

Tuna Wrap (1,7,4,3,0)

Tuna, sweetcorn, red onion & cheese. Served with crisps. Ask if you would like it toasted. €8.50

Veggie Panini (1,3,0)

Toasted with basil pesto, mozzarella & sundried tomatoes. Served with crisps & Ballymaloe relish. €9. Add home cooked breast of chicken +€3.50

Vegan Toastie (1,15,5,0)

Crispy falafels with caramelised onion relish, vegan mayo & vegan cheese melting on toasted sourdough bread.

Served with non vegan crisps on the side-optional. €11

Salads (1,3,15,8,4,0,9)

House salad with options of home cooked breast of chicken/ **veggie quiche/ quiche lorraine/ falafels** served with homemade brown bread €12.50

Warm goat's cheese salad served on lettuce with beetroot candied walnuts, balsamic & homemade brown bread. €12.50

Sides

chips €4

Garlic chips €4.50

Garlic cheese chips €5

Curry cheese chips €6

Chicken goujans (5) €4.50

Chicken goujans (6) €8.80

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